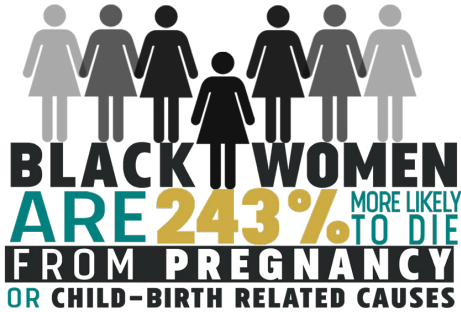


# ACHIEVING HEALTH EQUITY: IMPROVING POSTPARTUM ACCESS & OUTCOMES FOR TRAVIS COUNTY'S BLACK MOTHERS



Black women experience above-average rates of health concerns placing them at significant risk for poor maternal health outcomes.

This, in part, relates to the mental health effects of unrecognized bias in communication or care of Black women, in the identification and intervention of postpartum depression, and the context of the social determinants of health.

## BY THE NUMBERS

Black mothers experience maternal death rates twice to four times higher than white women, and in addition a higher risk of developing postpartum depression. Black children in Texas make up just 11 percent of births in the state, but nearly 30 percent of all women in Texas who die from pregnancy-linked complications are Black.

## THE DETAILS

This project uses a community based participatory research approach to strengthen systemic efforts to support postpartum maternal access and outcomes of Black Women in Travis County.

## TIME TO SHOW UP FOR BLACK MOTHERS

### HOW CAN YOU SPREAD THE WORD?

Follow us on social media @BlackMamasATX and stay connected.

**#BLACKMAMASATX**  
**#TIMETOSHOWUP**  
**#SAVEBLACKMOTHERS**

### WHO SHOULD SHOW UP FOR BLACK MOTHERS?

Black Moms, Those Who Care for Them, Churches, Beauty Salons, Sororities, Doctors, Mental Health Professionals, Midwives, Doulas, Service Delivery Organizations, Policymakers, Advocates, Economic Development/Education and Built Environmental Professionals, Elected Officials

